







Contact Information

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Hatching Results

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Evening Goals:

- Describe Professional Roles
- Provide Snapshot of Mental Health Needs
- Explore Barriers, Gratitude, and Future Directions

School Counselor

School Counselor License or endorsement from the State of Michigan

Master's degree

Minimum 600 hours internship

6 semester credit hours or 150 SCECHs or 150 hours of DPPD

School Psychologist

Michigan School Psychologist Certificate (MDE)

Specialist Degree

600 hour practicum in school psychology + 1,200 hour internship

6 semester credit hours or 150 SCECHs or 150 hours of DPPD

School Social Worker

Master Social Work License/Limited License MDE School Social Work Approval

Master of Social Work (MSW) degree

500 hour internship with children or youth

45 hours of board approved continuing education







Mental Health Needs Continue to Grow

During Pandemic:

Youth Depression and Anxiety

<u>Doubled</u>

Pre-Pandemic:

1 in 6 Youth Experienced Mental Health Challenges

Now:

- Nearly <u>one-third</u> of students report poor mental health
- 42% students feel persistently sad or hopeless







School Counselors, School Psychologists, and School Social Workers

Promote Positive Behavior and Mental Health & Wellness







- Assess and address student socialemotional and behavioral needs
- Promote positive and healthy relationships with peers
- Provide individual and group counseling
- Promote and teach social skills, including communication
- Support positive coping skills and resilience
- Enhance student connectedness & belonging
- Make referrals and help coordinate community services

School Counselors, School Psychologists, and School Social Workers Create Safe, Positive School Climates

Prevent bullying and other forms of violence

Support socialemotional development Assess school climate and improve school connectedness

Implement and promote positive discipline and restorative justice

Implement school-wide positive behavioral supports

Identify at risk students and school vulnerabilities

Provide crisis prevention and intervention services

Conduct suicide
and threat
assessments
to ensure student
safety







All Professions Bring Unique and Overlapping Skills to Support Students

School Psychologist

- Screening (Academic & Behavioral)
- Data-Based Decision Making: linking assessment to intervention
- Research & Evidence-Based Practice

- Collabóration with Community Mental Health
- Direct & Indirect Student Services
- Crisis Prevention & Intervention
- Consultation
- School Climate

- Classroom Presentations
- Problem-Solving Teams (MTSS, Rtl)
- Parent Education & Collaboration

School Social Worker

- Home-School-Community Liaison
- Truancy/School Refusal Interventions
- Social & Emotional Behavioral Assessment
- Treatment of Emotional Disorders
- Consultation for Behavior
 Management Plans

 Affective Education for Students & Staff

Student

 Student Advocacy for Positive Health & Academic Outcomes

School Counselor

Help all students:

- Apply academic achievement strategies
- Manage emotions and apply interpersonal skills
- Plan for postsecondary options (higher education, military, work force)







Needs > Staff + Time + Resources

Barrier to Service Delivery

Professional to student ratios

R	ecommended	Michigan
School Counselors	1:250	1: 693 (48th in US)
School Psychologists	1:500	1:1445
School Social Workers	1:250	1:1051





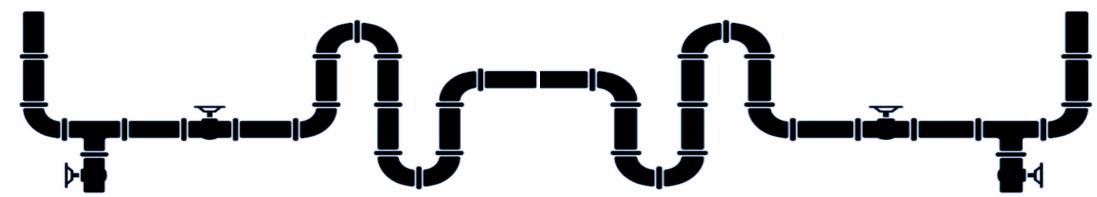


Present Moment: Attract-Prepare-Retain

Student Mental health Apprenticeship program for Training and Retention (SMART) Grants- provides paid, hands-on work experiences and practicum/internship opportunities for graduate students

31o-provides additional funds (w/faded support over three years) to hire school-based mental health providers

31aa- provides additional discretionary funds for districts geared toward mental health and school safety



Future Directions:

- Continued Funds for SMART (beyond 2027)
- Continued Funds for 31o



- Funds for additional training programs in <u>School Social Work</u>, <u>School Counselor Education</u>, and <u>School Psychology</u> with distance learning capacity
- Continued support to help enthusiastically attract, prepare, and retain education personnel and support staff
- Recruiting and retaining school counselors, school psychologists, and school social workers by maximizing their appropriate role
- Continued support for student mental health and school safety

